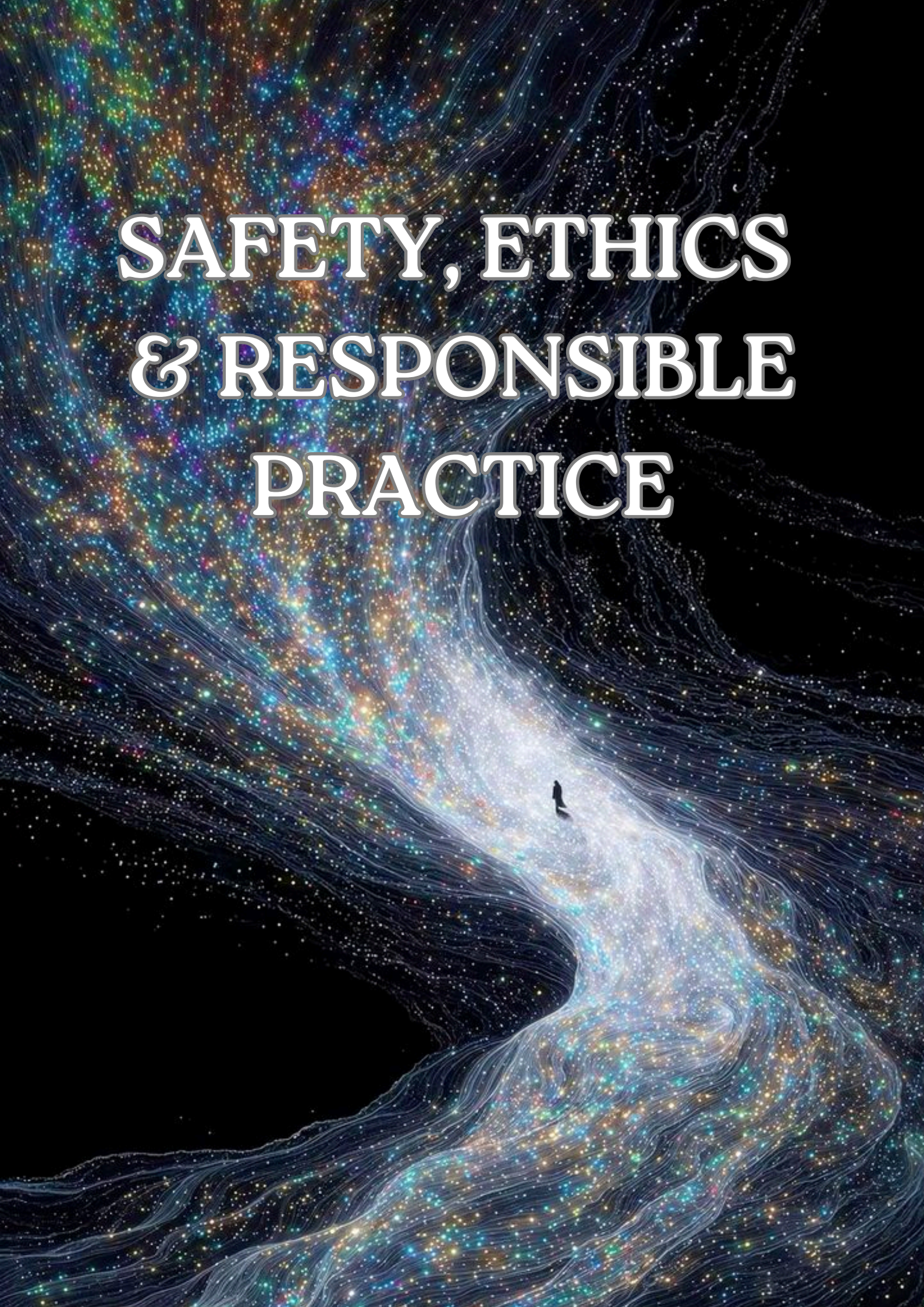

SAFETY, ETHICS
& RESPONSIBLE
PRACTICE

CONSENT & BOUNDARIES

Consent Comes First.

A sound healing session is an invitation, never something imposed.
Before beginning, briefly explain what the session will involve and give participants the freedom to ask questions, express their needs, or choose not to participate.
Consent is clear, informed, and ongoing.

Physical Touch: Never assume that touch is welcome.
If you use touch in your practice, always ask for permission first and respect a “no” without question.
When in doubt, don't touch.

Respect Their Experience: Every person experiences sound differently. Avoid telling someone what they should feel, release, see, or experience.
Instead, allow them to discover their own experience without judgment or interpretation.

- Respect personal boundaries.
- Protect confidentiality.
- Never pressure someone to share.
- Allow anyone to pause or leave at any time.
- Never create dependency or make promises about healing.